

Care Bags Made with Love Initiative



We are a small group of ladies, all with a story of our own to share, that are combining our efforts and contributing, in a personal capacity, to a cause that we all feel strongly about.

I found myself as the recipient of a care package when I was admitted, through emergencies, to the Tygerberg Hospital in Cape Town, in November 2020, where I was receiving treatment for cancer.

I had absolutely nothing with me when I was admitted and no means to communicate with my husband, who due to covid regulations, was not permitted into the hospital.

One of the nurses presented me with a handmade bag on the morning after I had been admitted. The contents of the bag were items that I desperately needed.

This gesture touched me deeply and I knew that once my cancer treatment was complete and I returned home, to Knysna, that I wanted to contribute in some way towards blessing other's in the same way that I had been blessed.

I shared my story with some dear friend's and within a few weeks they had put together the first 10 bag's which I was able to deliver to George hospital and so **The Care Bags Made with Love Initiative** came about.

Since May of 2021 we have packed and distributed 200 essential care bag's to Knysna Hospital, George Hospital and Tygerberg Hospital.

We also distribute blankets, when possible, and we assemble winter care packages for extra winter warmer items such as mittens and



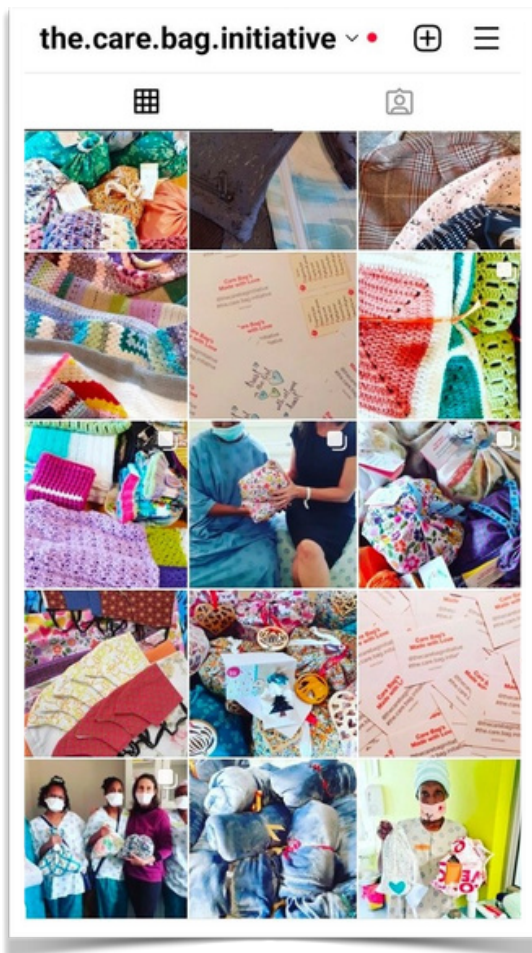
**Handmade Bags
with a handmade
card**



Bags have a reusable purpose and a drawstring opening to enable patients to hang up bag's and keep them off the floor.



**A patient
receiving one of
our care bag's**



scarves along with bed socks and beanies.

Our chemo comfort care bags, for cancer patient's receiving chemotherapy treatment, and the fun as well as essential children's and baby care bags, are a recent addition to our range of bags.



Most of the care bags as well as other handmade items, such as a wide range of knitted items, ladies pouch bags, mens pyjama pants, children's teddies, mastectomy pillows, bags for holding drainage bags after mastectomies, are currently all been made by ladies within our group.



We do, however, receive donations of blankets and other knitted items from a local NPO and church and we are extremely grateful to receive donations of items from private individuals.



Hi again Linda

I just gave out 3 packs and the one elderly patient almost had me in tears.

She is very frail and sick so I unpacked all the goodies for her to see. She did not want to let go of that pot of Vaseline. Just goes to show how something as small as a little pot of Vaseline can mean more than gold to someone.

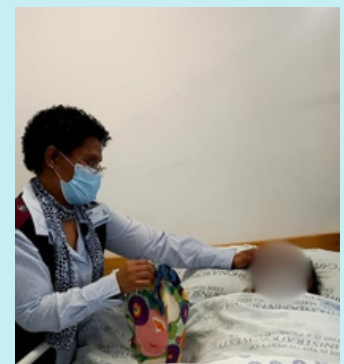
Please thank all the ladies in your group for this wonderful gift. I wish you could have seen the joy on this patient's face!!

Warm regards

Elsie van Rooyen

Operational Manager – Female and Paediatric Ward"

Knysna Provincial Hospital



The contents of each bag consists of item's that we not only consider essential but also item's that can be useful and in some instances restore some dignity and provide some comfort to the recipient's of our bags.

Card's with inspirational messages are attached to each bag in the hope that it may offer a source of comfort and to let patients know that they are thought of during a time when they cannot always's receive visitor's.

It's all about sharing the love and caring enough to make a difference. No matter how small the gesture. One person touched is better than no person touched at all. 😊

Each Care Bag is packed with careful consideration for whom they are intended for.

1

ESSENTIAL

Soap / Shower Gel

Toothpaste

Toothbrush

Facecloth

Vaseline / Lotion

Tissues

2

DIGNITY

Deodorant / Roll on

Cotton Panties

Sanitary pads

Men's PJ pants

Men's Razor's

3

COMFORT

Beanie

Bedsocks

Blanket

Edible Treat

Care Bags
Made with Love
Initiative

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